



“SURVIVING THE HOLIDAYS” SEMINAR

St. Mary’s Chapel, 26 Leonardville Road, New Monmouth
Thursday, December 16th, 2021
7:00 p.m. - 8:30 p.m.

ARE YOU SEPARATED OR DIVORCED?-Wondering how you will survive Thanksgiving and Christmas? Are you dreading these holidays, knowing that everything has changed and that happy memories from past years can’t be recreated?

Our Surviving the Holidays seminar is especially for people who are separated and divorced. You’ll learn how to deal with the many emotions you will face, helpful tips for surviving social events, ways to give your kids a good holiday experience and how to discover hope for your future. The program uses a DVD provided by DivorceCare (for more information visit: www.divorcecare.org).

The seminar will be held at St. Mary’s Chapel, 26 Leonardville Road, New Monmouth, on December 16th, 2021 from 7:00-8:30 p.m. in the Chapel Basement.

If you attended the seminar in November, feel free to come to this one as well, as they differ slightly different from one another, and can help with ideas for the Christmas holiday that were not discussed at the Thanksgiving Seminar.

For more information and to register, please contact the facilitators at healfromdivorcetoday@gmail.com or call/text Rich DeGennaro at 732-540-9204 or Michele Coppola Wilson at 201-753-8485 to register (required). We hope you can make it!